

Over the last year this practice spent £601,810 on treatments for all common self care conditions

# Choose self care

£546,792



spent on GP appointments

&

£55,018



spent on medicines



Speak to your pharmacist for help and advice on managing your symptoms for common conditions

If we were more self care aware we could use these important resources to fund:



476

X-rays, ultrasounds and echocardiograms

OR



2,280

Chemotherapy treatments