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Timetable of walks JANUARY to APRIL 2020

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Information
Digswell Park Welwyn Garden City Bowls Club, 288 Knightsfield, Welwyn Garden City, AL8 7NQ	Mondays 10am	Weekly (Includes Bank Holidays)	  
Sherrardspark Wood Cinema Entrance, Campus West, Welwyn Garden City, AL8 6BX	Mondays 12 noon	Weekly (excludes Bank Holidays)	  
Stanborough Park Activity Centre, South Lake, Stanborough Road, Welwyn Garden City, AL8 6DF	Tuesdays 12.30pm	Weekly	   Buggy friendly
Old Hatfield / Stream Woods Hatfield Station Entrance, 79 Great North Rd, Hatfield, AL9 5AB	1 st Tuesday of the month 2pm	Jan 7, Feb 4, March 3, April 7	  
Hatfield First Steps Erol's Cafe, 60 Town Centre, White Lion Square, Hatfield, AL10 0JJ	Wednesdays 2pm	Weekly (excludes Bank Holidays)	    Buggy friendly
Stanborough Park Activity Centre, South Lake, Stanborough Road, Welwyn Garden City, AL8 6DF	1 st & 3 rd Wednesdays of the month 6pm	April only April 1, 15	   Buggy friendly
Stanborough Park Activity Centre, South Lake, Stanborough Road, Welwyn Garden City, AL8 6DF	Thursdays 8am	April only April 2, 9, 16, 23, 30	   Buggy friendly
Sherrardspark Wood Cinema Entrance, Campus West, Welwyn Garden City, AL8 6BX	Thursdays 10am	Weekly	   
Brookmans Park The Brookmans Pub, Bradmore Green, Brookmans Park, AL9 7QW	Thursdays 10.30am	Weekly	  
Beehive Lane Finesse Centre, King George V Playing Fields, Beehive Lane, Welwyn Garden City, AL7 4BP	Fridays 10am	Weekly (excludes Bank Holidays)	   A shortened route can be made available on request
Ellenbrook Fields/de Havilland Hertfordshire Sports Village Entrance, de Havilland Campus, Hatfield Business Park, Hatfield, AL10 9EU	Fridays 4pm	Weekly (excludes Bank Holiday)	  
Stanborough Park Activity Centre, South Lake, Stanborough Road, Welwyn Garden City, AL8 6DF	2 nd Saturday of the month 2pm	Jan 11 Feb 8 March 14 April 11	   Buggy friendly

All walks are FREE with no booking required - just turn up 10-15 mins before your first walk to complete a new walker form. Walks are graded between 20-30 minutes (First Steps) and 90 minutes (Grade 4). For more information call 01992 588433, email healthwalks.cms@hertfordshire.gov.uk, or visit www.hertfordshire.gov.uk/healthwalks.