

Medicines Sick Day Rules

Hall Grove Group Practice

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When you are unwell with any of the following:

- Vomiting or diarrhoea (unless only minor)
- Fevers, sweats and shaking (unless only minor)

Then if you take any medicines listed below STOP taking them while you are unwell:

- ACE inhibitors: medicine names ending in “*pril*”
- ARBs: medicine names ending in “*sartan*”
- Diuretics: eg, furosemide, bendroflumethiazide
- Metformin: a medicine for diabetes
- SGLT2 inhibitors: medicine names ending “gliflozin”
- NSAIDs: eg, ibuprofen, diclofenac, naproxen
- There may be other medicines advised to you by your GP to be stopped when unwell (speak to your GP if not sure)

Restart when you are well (after 24-48 hours of eating and drinking normally)

If you are in any doubt, contact your pharmacist, doctor or a nurse